



## **2023/2024 – Term 1 – Activities Explained – Year 1**

### **Monday Free Activities :**

#### **Y1 Ball Skills – Hosted by Mr Hubble – Monday 14:40 to 15:20**

A fun introduction to ball skills required for a variety of sports.

Min 5 and Max 24

#### **Y1 Creative Crafts – Hosted by Ms Findlay – Monday 14:40 to 15:20**

Children will get creative with paper. They will learn different techniques and explore paper rolling, folding and origami to create fun crafts.

Min 5 and Max 18

#### **Y1 Arabic A – Hosted by Ms Mohamed – Monday 14:40 to 15:20**

To support Arabic A students with the foundation of the Arabic language in preparation for the Ministry of Education curriculum in Y2.

Min 5 and Max 24

#### **Y1 Arabic B Alphabets – Hosted by Ms Abdelmajid – Monday 14:40 to 15:20**

Recognizing all of the alphabet letters with their different shapes using different activities.

Min 5 and Max 10

#### **Y1 Arabic Sing-Along – Hosted by Ms El Houssami – Monday 14:40 to 15:20**

Learning songs in Arabic enhances vocabulary acquisition, pronunciation, and cultural understanding, creating an engaging and effective way to learn Arabic.

Min 5 and Max 24

### **Tuesday Free Activities :**

#### **Y1 Motor Skills Club – Hosted by Ms Ashor & Ms Lamont – Tuesday 14:40 to 15:20**

Having fun developing fine and gross motor skills including handwriting and letter formation, with a multi-sensory approach.

Min 5 and Max 14

#### **Y1 to Y2 Confident Crafters – Hosted by Ms Muirhead – Tuesday 14:40 to 15:20**

In Confident Crafters, children will have the opportunity to create different arts and crafts using various mediums. Each week, the activity will be planned according to the children's interests.

Min 5 and Max 24

Shared with Y1 and Y2

#### **Y1 to Y2 Go Noodle – Hosted by Ms Howe – Tuesday 14:40 to 15:20**

GoNoodle is a great way for children to enjoy a range of physical activities from workouts, mindfulness, dancing and educational songs.

Min 5 and Max 24

Shared with Y1 and Y2





**Y1 to Y2 Brain Games Team – Hosted by Ms O’Brien – Tuesday 14:40 to 15:20**

Children will be playing classics like Connect 4, Scrabble and more. This will help with their strategic thinking, and with games like Scrabble, will increase their vocabulary.

Min 5 and Max 24

Shared with Y1 to Y2

**Y1 to Y2 Hama Beads – Hosted by Ms Luukas – Tuesday 14:40 to 15:20**

Children will develop their fine motor skills in a fun and creative way, using colourful hama beads to create detailed designs onto a template.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 SAFA Synergy – Hosted by Mr Howard – Tuesday 14:40 to 15:20**

Children will complete team building exercises designed to encourage them to problem solve and collaborate with a variety of students.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Calming Construction – Hosted by Ms Ellis – Tuesday 14:40 to 15:20**

Children will use Lego, blocks, junk modelling and crafting materials to create their masterpieces whilst listening to calming music.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y3 Mrs Hones Reads – Hosted by Ms Hones – Tuesday 14:40 to 15:20**

Relax and listen to a story in the library with Mrs Hones.

Min 5 and Max 24

Shared with Y1 to Y3

**Wednesday Free Activities :**

**Y1 to Y2 Yippee Yoga – Hosted by Ms Mistry – Wednesday 14:40 to 15:20**

Through mindful stories and with some relaxing music we will learn how to create different shapes using our gross motor skills, we will try some unique animal yoga poses and other creative movements too.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Construction Club – Hosted by Ms McAleese – Wednesday 14:40 to 15:20**

Construction Club will allow students to use their kinaesthetic skills to build various structures and objects using their favourite LEGO shapes. Students will work independently and in groups.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Sketch Club – Hosted by Ms McGauley – Wednesday 14:40 to 15:20**

In Sketch Club children will develop their creativity and learn new skills such as how to draw, sketch and shade.

Min 5 and Max 24

Shared with Y1 and Y2



**Y1 to Y2 Board Games – Hosted by Ms Fotopoulou – Wednesday 14:40 to 15:20**

Through board games, children will develop their turn taking, communication and critical skills.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Just Dance – Hosted by Ms Anderson – Wednesday 14:40 to 15:20**

Get active and enjoy following a variety of dance/ movement tutorials with friends.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Brain Games – Hosted by Ms O'Shaughnessy – Wednesday 14:40 to 15:20**

Children will play a variety of games that will help develop teamwork, communication and thinking skills.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 French MT – Hosted by Ms Essari – Wednesday 14:40 to 15:20**

The French Mother Tongue course develops the four skills of Reading, Writing, Listening and Speaking in the students' native language and cultural awareness. After registering in the ECA, the students will be assessed in order to determine the entrance level and their fluency in the French language.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Spanish MT – Hosted by Ms Carrillo – Wednesday 14:40 to 15:20**

The Spanish Mother Tongue course develops the four skills of Reading, Writing, Listening and Speaking in the students' native language and cultural awareness. After registering in the ECA, the students will be assessed in order to determine the entrance level and their fluency in the Spanish language.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 German MFL – Hosted by Ms Fischl– Wednesday 14:40 to 15:20**

The German MFL ECA develops the four skills of Reading, Writing, Listening and Speaking in the German language.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 French MFL – Hosted by Ms Saab – Wednesday 14:40 to 15:20**

The French MFL ECA develops the four skills of Reading, Writing, Listening and Speaking in the French language.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Spanish MFL – Hosted by Mr Valentini – Wednesday 14:40 to 15:20**

The Spanish MFL ECA develops the four skills of Reading, Writing, Listening and Speaking in the Spanish language.

Min 5 and Max 24

Shared with Y1 and Y2



**Y1 to Y2 Mandarin MFL – Hosted by Ms Fang – Wednesday 14:40 to 15:20**

The Mandarin MFL ECA develops the four skills of Reading, Writing, Listening and Speaking in the Mandarin language.

Min 5 and Max 24

Shared with Y1 and Y2

**Wednesday Invitation Activities :**

**Y1 to Y2 German MT – Hosted by Ms Jovanova – Wednesday 14:40 to 15:20**

The German Mother Tongue course develops the four skills of Reading, Writing, Listening and Speaking in the students' native language and cultural awareness. After registering in the ECA, the students will be assessed in order to determine the entrance level and their fluency in the German language.

**Invitation Only**

**Start 9<sup>th</sup> October 2023**

**Y1 to Y3 Beginner Strings – Hosted by Ms Eid – Wednesday 14:40 to 15:20**

This select string group will work on ensemble pieces to perform throughout the year.

**Invitation Only**

**Thursday Free Activities :**

**Y1 to Y2 Mindful Colouring – Hosted by Ms Barnes – Thursday 14:40 to 15:20**

Mindful colouring helps pupils to improve their focus and attention on their surroundings and their emotions. Pupils can listen to calm music and relax whilst colouring and creating pictures that explore their interests.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Lego Minis – Hosted by Ms Prichard – Thursday 14:40 to 15:20**

Improve your fine motor skills by designing and building using Lego.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Wonderful Writers – Hosted by Ms Muirhead – Thursday 14:40 to 15:20**

Writing for many purposes, children will be able to develop their writing style and imagination.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Sketch Club – Hosted by Ms O'Brien – Thursday 14:40 to 15:20**

Children will get creative and develop their sketching and drawing skills.

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Just Dance – Hosted by Ms Luukas – Thursday 14:40 to 15:20**

Children will get active by following along with dance routines to their favourite songs.

Min 5 and Max 24

Shared with Y1 and Y2



**Y1 to Y2 Wonderful Wellbeing – Hosted by Ms McDermott – Thursday 14:40 to 15:20**

Children will complete different activities focusing on their wellbeing; journaling, sketching, mindful colouring, yoga and more.

Min 5 and Max 24

Shared with Y1 to Y2

**Y1 to Y2 Choir – Hosted by Ms Eid & Ms Khaira – Thursday 14:40 to 15:20**

If you LOVE singing this is the ECA for you! Children will learn many songs over the term.

Min 5 and Max 40

Shared with Y1 to Y2

**Y1 to Y2 Arts & Crafts - Hosted by Ms Scott – Thursday 14:40 to 15:20**

Children will create a range of masterpieces by using a variety of mediums and techniques.

Min 5 and Max 24

Shared with Y1 and Y2

**Paid Activities :**

**Y1 & Y2 Coding Adventures with ScratchJr. – Logix Engine – Monday 14:40 to 15:30**

Coding is what makes it possible for us to create computer software, apps and websites. Your browser, your OS, the apps on your phone, Facebook, and this website – they're all made with code. Coding helps young people learn to think creatively, reason systematically, and work collaboratively — essential skills for life in the 21st century. With Scratch Junior your kids can program their own interactive stories, games, and animations — and share their creations with others in the online community.

Cost :

**9 weeks – AED865**

Min 5 and Max 12

Shared with Y1 and Y2

[www.logix-engine.com](http://www.logix-engine.com)

**Y1 & Y2 Chemical Engineering – ETB – Monday 14:40 to 15:30**

Hands on science experiments for students with an interest in experiments. Uncover real-life and industrial uses of chemistry in a fun engaging way. Children uncover real-life and industrial uses of chemistry by conducting weekly experiments. Each term they have the opportunity to take part in up to ten unique chemistry experiments.

Cost :

**9 weeks – AED860**

Min 5 and Max 12

Shared with Y1 and Y2

[www.etb-club.com](http://www.etb-club.com)



**Y1 to Y2 Get Set Go – Get Set Go – Monday 14:40 to 15:30**

Get Set Go Kids is the only multi-skills sports club designed to develop the physical literacy and fundamental movement skills required to enjoy ALL sports.

Our players are introduced to a new key skill through a different sport each session. Our structured syllabus has themed modules covering a broad range of activities to ensure everyone is challenged and engaged.

MY SPORTS DIARY then helps each child track the sports they have played, the skills they have learned, and the activities they have enjoyed the most.

It is our goal to help your child to GET INTO SPORT!

Cost :

**9 weeks – AED820**

Min 5 and Max 24

Shared with Y1 and Y2

[tommy@getsetgokids.com](mailto:tommy@getsetgokids.com)

**Y1 & Y2 STEM Challenges – ETB – Tuesday 14:40 to 15:30**

Fun filled activities that help students test engineering aspects, science concepts and learn about modern tech in an engaging environment. Every week the students engage in a new challenge that covers a different topic.

Cost :

**9 weeks – AED860**

Min 5 and Max 12

Shared with Y1 and Y2

[www.etb-club.com](http://www.etb-club.com)

**Y1 & Y2 Basketball – Falcons Academy – Tuesday 14:40 to 15:30**

Falcons Academy, led by its team of FIBA certified coaches, serves as a beacon of excellence in the basketball realm. With its unwavering commitment to high-quality training and holistic development, the academy provides aspiring athletes with the opportunity to unlock their full potential. By combining a passion for the game with world-class instruction, Falcons Academy is instrumental in shaping the future of basketball by producing skilled and resilient athletes who are poised to make a mark on the global stage.

Cost :

**9 weeks – AED955**

Min 5 and Max 24

Shared with Y1 and Y2

**Y1 to Y2 Karate – Champions Karate – Wednesday 14:40 to 15:30**

Champions Karate arrived in the UAE in 2019. Since then we have quickly established ourselves as one of the best Karate Academies in the UAE. Our success is a result of our coaching philosophy, we pride ourselves on the FUNdamentals of martial arts. We combine the art of traditional Shotokan Karate with our knowledge and experience of sport Karate.

Cost :

**9 weeks – AED910**

Min 5 and Max 20

Shared with Y1 and Y2

<https://champions-uae.com>





**Y1 to Y2 Chess – Chess Knowledge – Thursday 14:40 to 15:30**

Chess classes for Year 1 and 2 students provide a solid foundation in the game's rules, develop critical thinking skills, and nurture a love for chess. The classes include a mix of instruction, practice, and interactive activities to engage and motivate young learners. Chess training for Year 1 and 2 students cover the basics of chess, including rules, piece movement, and capturing. They introduce chess notation, teach strategies and tactics, and include problem-solving activities. Students practise through games, receive feedback and analysis from instructors, and may participate in friendly tournaments. These classes aim to provide a well-rounded and engaging chess learning experience.

Cost :

**9 weeks** – AED1,005

Min 5 and Max 20

Shared with Y1 and Y2

[www.chessdubai.com](http://www.chessdubai.com)

**Y1 to Y3 Street Jazz – Step Up Dance Academy – Friday 12:00 to 13:00**

These are popular, fun and energetic, yet disciplined classes. Throughout the lessons a variety of different music styles, rhythms and beats will be used. Our Street Jazz classes do not just focus on dance, but also incorporate flexibility, conditioning and technique work.

Cost :

**8 weeks** – AED730

Min 5 and Max 20

Shared with Y1 to Y3

[www.stepup.ae](http://www.stepup.ae)

**Y1 to Y6 Girls Netball – Magpies Netball – Friday 12:00 to 13:00**

Magpies Netball Club provides your children with experienced UAE netball coaches to deliver high quality skills, drills and FUN netball sessions to all players. They will develop their knowledge of the game which can prepare them for school squads and create a pathway for community club play.

Cost :

**8 weeks** – AED880

Min 5 and Max 24

Shared with Y1 to Y6

**Y1 to Y2 Engineering Workshop – ETB – Friday 12:00 to 13:00**

Engineering workshops are led by actual engineers from different fields. All projects are designed by our senior team that hold masters degrees in engineering. The students will be building an engineering-based project by going through the entire process from understanding a concept to designing and using different tools to execute their work. The workshops will help the students improve many of their skills such as critical thinking and problem-solving as well as learn more about the different fields of engineering. The classes don't use any ready-made kits to offer the students the freedom to be creative with their designs and enrich their understanding. Projects vary based on age and experience.

Cost :

**8 weeks** – AED760

Min 5 and Max 20

Shared with Y1 and Y2

[www.etb-club.com](http://www.etb-club.com)