



SAFA
COMMUNITY
SCHOOL

ECA PROGRAMME

FS1 - FS2

TERM 1

2024-2025



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GET SET GO

FS1-FS2

Get Set Go Kids is a multi-sports kids club designed specifically for ages 3–6 years. We aim to give your child the skills, motivation and confidence to get a head start in sport and discover their passion to play. Don't worry about trying to find the right sport. By introducing new key skills and exploring a different sport each session, we develop the physical literacy and fundamental skills to help them find their game! We'll help your child track the sports they have played, the skills they have learned, and the activities they have enjoyed the most on their journey.

It is our goal to help your child to GET INTO SPORT!

ECA DETAILS:

- Friday 12pm to 1pm
- Discovery Tent
- AED 860 for 8 weeks (including kit)



www.getsetgokids.com
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MINDFULNESS & EMOTIONAL INTELLIGENCE

FS1-FS2

Cultivating Mindfulness and Emotional Intelligence education in the early years sets the stage for well-rounded development. "Starting My Mindful Journey" program has been designed and structured to help our youngest learners develop essential skills for emotional awareness, self-regulation, empathy and focus. Through very engaging, creative and aged appropriate language and activities, children will learn to understand, identify and start to manage their feelings, enhance their social interactions, build healthy mental foundations and discover mindfulness practices.



ECA DETAILS:

- Friday 12pm to 1pm
- Classroom
- AED 930 for 8 weeks



www.mymindfuljourney.ae
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CHESS

FS1-FS2

Chess class designed specifically for students in FS1 & FS2. Chess is not just a game; it's an incredible tool that enhances your child's cognitive skills, character, and social interactions through strategic thinking, patience, and teamwork. Enroll today to support their growth with guidance from experienced coaches in a fun and engaging environment.

ECA DETAILS:

- Friday 12pm to 1pm
- Classroom
- AED 980 for 8 weeks



www.chessdubai.com

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CHESS KNOWLEDGE
PROFESSIONAL CHESS TRAINING
www.chessdubai.com





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ART EXPLORATION

FS1-FS2

This ECA is all about exploring materials and techniques and most importantly, having fun with art! Children will learn a range of skills through stories and books and then produce their own fabulous artworks. They will create work in a wide range of 2D mixed media and 3D materials.

ECA DETAILS:

- Friday 12pm to 1pm
- Art Room
- AED 930 for 8 weeks



www.camdencreativearts.com
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CAMDEN
*Creative*ARTS





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TENNIS

FS1-FS2

Our Tennis ECA is dedicated to serve players who are new to tennis. It may be a first experience with a racket and ball or for some looking to further progress. A chance to learn life skills, this includes footwork and patterns of movement, hand eye coordination, reactions, specific fundamentals that are needed to continue to enhance each individual to then go on to other pathways.

ECA DETAILS:

- Friday 12pm to 1pm
- Auditorium
- AED 810 for 8 weeks



www.racketsacademy.ae
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**RACKETS
ACADEMY**





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FOOTBALL

FS1-FS2

Empire Football will deliver an exciting football coaching session, that includes fun football games, individual skills coaching and team skills, including matches. This session will also encourage athletic and social-development. All delivered by qualified coaches.

ECA DETAILS:

- Friday 12pm to 1pm
- Sports Hall
- AED 845 for 8 weeks



www.empiresportsacademy.com
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STREET DANCE

FS1-FS2

These are popular, fun and energetic, yet disciplined classes. Throughout the lessons a variety of different music styles, rhythms and beats will be used. Our street dance classes do not just focus on dance, but also incorporate flexibility, conditioning and technique work.

ECA DETAILS:

- Friday 12pm to 1pm
- Performing Arts Room
- AED 770 for 8 weeks



www.stepup.ae

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